

**Kita Sachiko PhD, RMW, RN, PHN**

**Assistant Professor**

**The University of Tokyo, Japan**

**AFFILIATIONS:**

Department of Family Nursing, Divisions of Health Sciences and Nursing, Graduate School of Medicine, The University of Tokyo

Department of Health Quality and Outcome Research, Global Nursing Research Center, Graduate School of Medicine, The University of Tokyo

**EDUCATIONAL BACKGROUND**

2001-2005 BS (Nursing), School of Nursing, Tokyo Women's Medical University

2005-2007 MA (Nursing), Department of Midwifery and Women's Health, Graduate of Nursing Sciences, St. Luke's College of Nursing

2012-2015 Ph.D. (Public Health), Department of Midwifery and Women's Health, Divisions of Health Sciences and Nursing, Graduate School of Medicine, The University of Tokyo

**WORKING EXPERIENCES**

2007-2010 NMW (Certificated Nurse-midwife), Department of Obstetrics and Gynecology, Omori Red-cross Hospital, Tokyo, Japan

2010-2011 Teaching and research assistant, Department of Midwifery and Women's Health, Graduate of Nursing Sciences, St. Luke's College of Nursing, Tokyo, Japan

2012-2015 RN and research fellow, Kitamura "KOKORO" Clinic Mental Health and Kitamura Institute of Mental Health Tokyo, Tokyo, Japan

2015- Assistant professor, Department of Family Nursing, Divisions of Health Sciences and Nursing, Graduate School of Medicine, The University of Tokyo, Tokyo, Japan

**QUALIFICATIONS**

2005- Registered Nurse (No. 1327602), Japan

2005- Registered Public Health Nurse (No. 129190), Japan

2007- Certificated Nurse-midwife (No. 120766), Japan

2015- Advanced Nurse-midwife, Japan

**RESEARCH INTERESTS**

Intimate Partner Violence, Gender-based violence, Child abuse, Trauma Recovery, Family Poly-victimization, Women's health, Immigrant health

## **GRANTS**

### **Principle investigator**

1. JSPS Grand-in-Aid for Young Scientist. Development of a family care model to prevent and terminate family poly-victimization. No. 20K19126. \$41,600 (2020-2022)
2. JSPS Grand-in-Aid for Young Scientist (B). Development and effects of a perinatal health program to improve mental health and parenting after childbirth among pregnant women exposed IPV. No. 17K17464. \$40,300 (2017-2020)
3. JSPS Grand-in-Aid for Research Activity Start-up. Identifying the association of intimate partner violence during pregnancy and abusive parenting after childbirth and its related psychological factors. No. 15H06179. \$27,300 (2015-2017)
4. UNIVERS foundation. Associations between intimate partner violence during pregnancy, mother-to-infant bonding failure, and postnatal depressive symptoms. \$10,000. (2013-2014)

## **MEMBERSHIPS IN PROFESSIONAL SOCIETIES**

Japan Academy of Nursing Science, Japanese Association for Research in Family Nursing,  
Japan Academy of Midwifery, Japan Association of Forensic Nursing,  
Japanese Association of Family Therapy

## **COMMITTEE, ORGANIZATIONAL, AND VOLUNTEER SERVICE**

- 2020-present Supervisor, Network for child's safety and community without child abuse: Project for non-lonely parenting, Koto-ku, Tokyo, Japan
- 2019-present Treasurer, Board of Directors, Multicultural Study of Trauma Recovery Consortium (MiStory) Treasurer
- 2019-present Committee, 37<sup>th</sup> Congress of the Japanese Association of Family Therapy
- 2019-present Secretary, Board of Directors, Japan Association for Research in Family Nursing
- 2019-present Editor, Journal of Japan Academy of Nursing Science
- 2019-2020 Part-time lecturer. Musashino University
- 2018-2020 Member of Committee of Promotion for International Collaborations, Japan Association of Nursing Program in Universities
- 2016-2019 Member of Committee of Promotion for Research, Japan Association for Research in Family Nursing
- 2016-2018 Lecturers for Research Methodology, Tokyo Metropolitan Ohtsuka Hospital

## PEER-REVIEWED JOURNALS AND PUBLICATIONS

1. Morisaki-Nakamura M, Suzuki S, Kobayashi A, **Kita S**, Sato I, Iwasaki M, Hirata Y, Sato A, Oka A, Kamibeppu K. Development and validation of a Japanese version of the TRANSITION-Q, *Pediatrics International*, 2020 (in press).
2. **Kita S**, Tobe H, Umeshita K, Hayashi M, Kamibeppu K. Impact of intimate partner violence and childhood maltreatment on maternal-infant maltreatment: A longitudinal study. *Japan Journal of Nursing Sciences*, 2020 (in press).
3. Tobe H\*, **Kita S**\*, Hayashi M, Umeshita K, Kamibeppu K. Mediating effect of resilience during pregnancy on the association between maternal trait anger and postnatal depression. *Comprehensive Psychiatry*, 2020 (in press). \*Equally contributions
4. **Kita S**, Sato I, Sakka M, Soejima T, Kamibeppu K. Does the use of childcare services reduce the impact of intimate partner violence on the quality of life of children?: Multiple-group structural equation modeling. *Applied Research in Quality of Life*, 2020 (in press)
5. Sato I, Sakka M, Soejima T, **Kita S**, Kamibeppu K. Randomized comparative study of child and caregiver responses to three software functions added to the Japanese version of the electronic Pediatric Quality of Life Inventory (ePedsQL) questionnaire. *Journal of Patient-Reported Outcomes*, 2020 (in press)
6. Suzuki S\*, **Kita S**\*, Nakamura M, Kikuchi R, Sato I, Iwasaki M, Otomo E, Sekiguchi, H, Hirata Y, Sato A, Sugiyama M, Kamibeppu K. Nurses' perceptions regarding transitional care for adolescents and young adults with childhood-onset chronic diseases. *Japan Journal of Nursing Sciences*, 17(3), e12323, 2020 \* Equally contributions
7. Koishizawa T, Kurihara K, **Kita S**, Takagi S, Omori M, Nakamoto C, Yoshiuchi K, Kamibeppu K. Peer support and hope in mothers of children with eating disorders. *Asian Journal of Family Therapy*, 3(1), 63-80, 2019.
8. **Kita S**, Hayashi M, Umeshita K, Tobe H, Uehara N, Matsunaga M, Kamibeppu K. Intimate partner violence and maternal child abuse: The mediating effects of mothers' postnatal depression, mother-to-infant bonding failure, and hostile attributions to children's behaviors. *Psychology of Violence*, 10(3), 279-289, 2019.
9. **Kita S**, Chan KL, Tobe H, Hayashi M, Umeshita K, Matsunaga M, Uehara N, Kamibeppu K. A follow-up study on the continuity and spillover effects of intimate partner violence during pregnancy on postnatal child abuse. *Journal of Interpersonal Violence*, 2018 (ahead of print: doi: 10.1177/0886260518821460)
10. **Kita S**, Umeshita K, Tobe H, Hayashi M, Kamibeppu K. Intimate partner violence, negative attitudes towards pregnancy, and mother-to-fetus bonding failure among Japanese pregnant woman. *Violence and Victims*, 34(3), 536-547, 2019.
11. Sakka M, Goto J, **Kita S**, Sato I, Soejima T, Kamibeppu K. Associations among behavioral and

- psychological symptoms of dementia, care burden, and family-to-work conflict of employed family caregivers. *Geriatrics & Gerontology International*, 19(1), 51-55, 2018.
12. Nakamura M, **Kita S**, Kikuchi R, Hirata Y, Shindo T, Shimizu N, Inuzuka R, Oka A, Kamibeppu K. A qualitative assessment of adolescent girls' perception of living with congenital heart disease: Focusing on future pregnancies and childbirth. *Journal of Pediatric Nursing*, 38, e-12-e18, 2018.
  13. **Kita S**, Haruna M, Matsuzaki M, Kamibeppu K. Does antenatal social support affect the relationships between intimate partner violence during pregnancy and perinatal mental health? *Violence Against Women*, 26(6-7), 573-589, 2020.
  14. **Kita S**, Haruna M, Yamaji M, Matsuzaki M, Kamibeppu K. Association of mental and behavioral problems among children exposed to intimate partner violence and visits with their fathers who perpetrated the violence. *Open Journal of Nursing*. 7(3), 361-377, 2017.
  15. **Kita S**, Haruna M, Hikita N, Matsuzaki M, Kamibeppu K. Development of the Japanese version of the Woman Abuse Screening Tool-Short. *Nursing and Health Sciences*, 19(1), 35-43, 2017.
  16. Imai S, **Kita S**, Tobe H, Watanabe M, Nishizono-Maher A, Kamibeppu K. Postpartum depressive symptoms and its association with social support among foreign mothers in Japan at 3-4 months postpartum. *International Journal of Nursing Practice*. 23(3), 2017.
  17. **Kita S**, Haruna M, Matsuzaki M, Kamibeppu K. Associations between intimate partner violence (IPV) during pregnancy, mother-to-infant bonding failure, and postnatal depressive symptoms. *Archives of Women's Mental Health*, 9(4), 623-634, 2016.
  18. Kageyama M, Solomon P, **Kita S**, Nagata S, Yokoyama K, Nakamura Y, Kobayashi S, Fujii C. Factors related to physical violence experienced by parents of persons with schizophrenia in Japan. *Psychiatry Research*, 243, 439-445, 2016.
  19. **Kita S**, Minatani M, Hikita N, Matsuzaki M, Shiraishi M, Haruna M. A systematic review of the physical, mental, social, and economic problems of immigrant women in the perinatal period in Japan. *Journal of Immigrant and Minority Health*, 17(6), 1863-1881, 2015.
  20. Kageyama M, Yokoyama K, Nagata S, **Kita S**, Nakamura Y, Kobayashi S, Solomon P. Rate of family violence among patients with schizophrenia in Japan. *Asia-Pacific Journal of Public Health*, 27(6), 652-660, 2015.
  21. Takehara K, Dagvadorj A, Hikita N, Sumaya N, Ganhuyag S, Bavuusuren B, Ota E, Haruna M, Yoshida M, **Kita S**, Noma H, Mori R. Maternal and child health in Mongolia at 3 years after childbirth: A population-based cross-sectional descriptive study. *Maternal and Child Health Journal*. 20(5), 1072-1081, 2015.
  22. Ohashi Y, Kitamura T, **Kita S**, Haruna M, Sakanashi K, Tanaka T. Mothers' bonding attitudes towards infants: Impact of demographics, psychological attributes, and satisfaction with usual clinical care during pregnancy. *International Journal of Nursing and Health Science*, 1(3), 16-21,

2014.

23. **Kita S**, Kataoka Y, Porter SE. Prevalence and risk factors of intimate partner violence among pregnant women in Japan. *Health Care for Women International*, 35(4), 442-457, 2013.
24. Minatani M, **Kita S**, Ohashi Y, Kitamura T, Haruna M, Sakanishi K, Tanaka T. Temperament, character, and depressive symptoms during pregnancy: a study of a Japanese population. *Depression Research and Treatment*, 1-6, 2013.
25. Kitamura T, Ohashi Y, **Kita S**, Haruna M, Kubo R. Depressive mood, bonding failure, and abusive parenting among mothers with three-month-old babies in a Japanese community. *Open Journal of Psychiatry*, 3(3A), 1-7, 2013.
26. **Kita S**, Kataoka Y. A foreign woman who decided to separate from her partner because of his violence: A case study. *Journal of St. Luke's Society for Nursing Research*, 12(2), 2008. (in Japanese)
27. Mayu H, Nakamura, M, **Kita S**, Kamibeppu K. A qualitative study regarding family formation process among family who chose artificial insemination by donor: Interviews for health care professionals and supporters, *Japanese Journal of Research in Family Nursing*, 25(1), 136-147, 2019. (in Japanese)
28. Iwasaki M, Sato A, Nakamura-Morisaki M, Suzuki S, Kobayashi A, **Kita S**, Sato I, Kamibeppu K, Hirata Y. Current status and issues of transitional care for outpatients with congenital heart disease in our hospital. *Journal of Adult Congenital Heart Disease*, 8(2), 33-41, 2019. (in Japanese)

#### **INTERNATIONAL COLLABORATION RESEARCH PROJECTS**

1. **Kita S**, Saint Arnault D, Kamibeppu K. Identifying a process for trauma recovery after gender-based violence using Clinical Ethnographic Narrative Interview (CENI) and effects of the interview on health and trauma recovery in Japan and the United States. 2017 - present.
2. **Kita S**, Chan KL, Malmedal WK, Kamaibeppu K, Kishi E, Baba K, Iwasaki R. Identifying related factors for family poly-victimization and developing a new family support model for preventing and terminating family poly-victimization in Japan, Hong Kong, and Norway. 2019 - present.

#### **PODIUM AND POSTER PRESENTATIONS IN AN INTERNATIONAL CONFERENCE**

1. **Kita S**, Umeshita U, Tobe H, Hayashi M, Sato I, Soejima T, Sakka M, Kamibeppu K. Associations between intimate partner violence before and during pregnancy, negative attitudes towards pregnancy and mother-to-fetus bonding failure. 21st East Asian Forum of Nursing Scholars (EAFONS) & 11th International Nursing Conferences (INC), 11-12 January 2018, Seoul, Korea. (Oral presentation)

2. Sakka M, Goto J, **Kita S**, Sato I, Soejima T, Kamibeppu K. Associations among behavioral and psychological symptoms of dementia, care burden, and family-to-work conflict of employed family caregivers. 21st East Asian Forum of Nursing Scholars (EAFONS) & 11th International Nursing Conferences (INC), 11-12 January 2018, Seoul, Korea. (Poster)
3. Sakka M, Goto J, Ito S, **Kita S**, Sato I, Soejima T, Kamibeppu K. The relationship between the use of long-term care insurance services (LTCI) and family-to-work conflict (FWC) among employed family caregivers of persons with dementia (PWD). 7th Hong Kong International Nursing Forum, 18-19 December 2017, Pokfulam, Hong Kong. (Oral presentation)
4. Nakamura M, **Kita S**, Kikuchi R, Hirata Y, Shind T, Shimizu N, Inuzuka R, Kamibeppu K. Qualitative Assessment of Love, Marriage, Pregnancy and Childbirth Perceptions among Adolescent Girls with Congenital Heart Disease. 12th Asian Society for Pediatric Research, 10-11 November 2016, Bangkok, Thailand. (Oral presentation)

#### INVITED PAPERS

1. **Kita S**. Developing a relationship with self-help groups: listening to voices from survivors of IPV. *Health Care*, 62(8), 508-512, 2020.
2. **Kita S**. Design a study to identify multi-victimization and intergenerational transmission of violence in family: Evaluate multiple phenomena in family from one informant. *Japanese Journal of Research in Family Nursing*, 25(2), 2020.
3. **Kita S**. Tell me your treasure: a doll of one girl with two cats. *The Japanese Journal for Midwives*, 73(10):821, 2019
4. **Kita S**. Protect pregnant women and children exposed violence: What can midwives do?. *The Japanese Journal for Midwives*, 72(5), 324-33, 2018
5. **Kita S**. Understanding and supports for immigrant women with partner's violence. *Health Care*, 59(19), 697-703, 2017.
6. **Kita S**, Kamibeppu K. Mental health on mothers and children during perinatal period. *Japanese Journal of Psychiatric Treatment*, 31(7), 851-858, 2016.
7. Mitanani M, **Kita S**, Ohashi Y, Kitamura T. Assessment of perinatal mental health: Understanding and implementation of Structured Psychiatric Interview. *Clinical Midwifery Cares and Skills*, 6(5), 78-83, 2014.
8. **Kita S**. What a died infant taught me. *The Japanese Journal for Midwives*, 66(12), 1007-1009, 2012.
9. Tobe H, Inoue H, **Kita S**. Perinatal mental health care by midwives: Perinatal mindfulness. *Perinatal Care*, 36(12), 1191-1194, 2017.