




# Karen Birna Thorvaldsdottir


**DATE OF BIRTH:**  
10/04/1993


## CONTACT

Nationality: Icelandic

Gender: Female

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600 Akureyri, Iceland

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## EDUCATION AND TRAINING

**2020 - CURRENT** - United States

### Visiting PhD Scholar

University of Michigan

**2019 - CURRENT** - Iceland

### PhD in Health Sciences

School of Health Sciences, University of Akureyri

**2017 - 2019** - Iceland

### MSc in Health Sciences, specialization: Trauma and Violence

School of Health Sciences, University of Akureyri

First class with distinction

**2014 - 2017** - Iceland

### BA in Psychology

School of Humanities and Social Sciences, University of Akureyri

First class

## WORK EXPERIENCE

**2019 - CURRENT** - Iceland

### Part-time lecturer

School of Health Sciences, University of Akureyri

**2018 - 2019** - Iceland

### Research assistant

School of Health Sciences, University of Akureyri

**2017 - 2018** - Iceland

### Teaching assistant

School of Health Sciences, University of Akureyri

## RESEARCH INTEREST

### Specific areas

- Trauma
- Gender-based violence
- Health behavior and help-seeking
- Cross-cultural adaptation of instruments
- Mixed methods

## HONOURS AND AWARDS

- **2020**  
**Fulbright scholarship** – Fulbright Commission
- **2020**  
**Doctoral research grant** – Icelandic Gender Equality Fund
- **2019**  
**Doctoral research grant** – Icelandic Gender Equality Fund

## NETWORKS AND MEMBERSHIPS

- **2018 - CURRENT**  
**Multicultural Study of Trauma Recovery (MiStory)**  
Research team member
- **2018 - CURRENT**  
**Research Center Against Violence – University of Akureyri**  
Director
- **2017 - CURRENT**  
**Center For Survivors of Violence in Iceland (Bjarmahlíð)**  
Board member

## LANGUAGE SKILLS

**MOTHER TONGUE(S):** Icelandic

### English

Listening <b>C1</b>	Reading <b>C2</b>	Spoken production <b>C1</b>	Spoken interaction <b>C1</b>	Writing <b>C1</b>
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### Danish

Listening <b>B1</b>	Reading <b>B1</b>	Spoken production <b>A2</b>	Spoken interaction <b>A2</b>	Writing <b>B1</b>
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### German

Listening <b>B1</b>	Reading <b>B1</b>	Spoken production <b>A2</b>	Spoken interaction <b>A2</b>	Writing <b>B1</b>
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