

CV



- 1. Name Surname** :Zeynep ÖZASLAN
- 2. Date of Birth** :16.02.1987
- 3. Title** :Research Assistant
- 4. State of Education** :PhD
- 5. Current Institution** :Kocaeli University, Faculty of Health Sciences, Department of Mental Health Nursing
- 6. Language Score** :87.50 (YOKDIL 2019 Spring Term)

Degree	Department	University	Date
Bachelor's Degree	Florence Nightingale School of Nursing	Istanbul University	2005-2009
ERASMUS exchange student	Nursing Department	Tampere University of Applied Sciences-Finland	2008 (3-month)
Master's Degree	Psychiatric and Mental Health Nursing	Istanbul University Title of thesis: Mobbing Perceptions of Nurses Working in Psychiatric Clinics And Related Factors	2009-2012
Certification	Pedagogical Formation	Yıldız Teknik University	2010-2011
Master's Degree	Psychiatric Rehabilitation	Kocaeli University Health Science Institute Title of thesis: The Turkish Validity and Reliability Study of the Observable Social Cognition – A Rating Scale in Individuals with Schizophrenia	2015-2019
PhD	Psychiatric and Mental Health Nursing	İstanbul University Health Science Institute Title of thesis: The Effect of Metacognitive Training on Social Cognition in Patients with Schizophrenia	2012-2018
Post-doc Research Fellow	Women Studies Gender Based Violence Trauma Recovery	University of Michigan, School of Nursing	October 2019 - continuing

7. Professional Experience

Job Title	Working Place	Date
Clinical nurse	Yeditepe University Hospital	2006-2007
Clinical nurse	Sisli Hamidiye Etfal Training and Research Hospital	2007-2008
Clinical nurse	Uskudar State Hospital	2008 (8-month)
Home health care nurse	Freelance	2009-2013
Research Assistant	Istanbul Bilgi University, Department of Nursing	2011-2013
Research Assistant	Kocaeli University, Department of Nursing	2013-2018
Research Assistant	Istanbul University (secondment on behalf of Kocaeli University)	2013-2017
Assistant Professor	Istinye University, Faculty of Health Sciences, Department of Nursing	2019 (7-month)
Post-doc visiting scholar, instructional aid	University of Michigan, School of Nursing	October 2019 - continuing
Research Assistant (PhD)	Kocaeli University, Department of Mental Health Nursing	January 2020 - continuing

8. Academic Appointments

Assistant Professor (Date) : 01.04.2019

9. Theses Advised

9.1. Postgraduate Thesis

9.2. Doctoral Thesis

10. Publications

10.1. Articles published in internationally refereed journals (SCI, SSCI, Arts and Humanities)

1. Yıldız, M., **Özaslan, Z.**, İncedere, A., Kırçalı, A., Kiras, M., İpçi, K. (2018). The Effect of Psychosocial Skills Training and Metacognitive Training on Social and Cognitive Functioning in Schizophrenia. Archives of Neuropsychiatry E-ISSN 1309-4866 doi:10.29399/npa.23095 (SCI-E)
2. **Özaslan, Z.**, Bilgin, H., Uysal Yalçın, S., & Haddad, M. (2020). Initial Psychometric Evaluation of the Physical Health Attitude Scale and a Survey of Mental Health Nurses. *Journal of Psychiatric and Mental Health Nursing*. doi: 10.1111/jpm.12553. (SCI)
3. Yalçın, S. U., Bilgin, H., & **Özaslan, Z.** (2019). Physical Healthcare of People with Serious Mental Illness: A Cross-Sectional Study of Nurses' Involvement, Views, and Current Practices. *Issues in Mental Health Nursing*, 1-9. doi: 10.1080/01612840.2019.1619201. (SCI)
4. Acı, Ö. S., Çiydem, E., Bilgin, H., **Özaslan, Z.**, Tek, S. (2020). Turkish Newspaper Articles Mentioning People with Mental Illness: A Retrospective Study. *International Journal of Social Psychiatry*. doi: 10.1177/0020764019894609 (SCI)
5. **Özaslan, Z.**, Yıldız, M. (2020). The Turkish Validity and Reliability Study of the Observable Social Cognition – A Rating Scale for Patients with Schizophrenia. *Turkish Journal of Psychiatry*. doi: 10.5080/u25058 (SSCI)

6. Steffen, M., Steven, M. S., Thomas, B., **Özaslan, Z.**, Mathias, Z., & Jürgen, G. (2021). Much of the Neurocognitive Impairment in Schizophrenia is Due to Factors Other Than Schizophrenia Itself: Implications for Research and Treatment. *Schizophrenia Bulletin Open*, DOI: 10.1093/schizbullopen/sgaa034 (SCI)

10.2. Articles published in other internationally refereed journals

10.3. Assertions presented in international scientific congresses and published in the proceedings

1. Şişman F.N., Temel M., **Zonp Özaslan Z.**, Saygı A., Korkmaz G., Buzlu S. Views and Attitudes Toward Mental Disorders of Individuals Admitted To The Primary Services (Poster Presentation). I. International & V. National Psychiatric Nursing Congress (22-24.09.2011).
2. **Özaslan Z.**, Buzlu S. Mobbing Perceptions Of Nurses Working In Psychiatric Clinics And Related Factors (Poster Presentation). The 5th International FOHNEU Congress On Occupational health (19-21.09.2012).
3. **Özaslan Z.**, Bilgin H. Physical Health Care Needs of People With Severe Mental Illness (Poster Presentation). American Psychiatric Nursing Association 29th Annual Conference (28-31.10.2015).
4. **Özaslan Z.**, Uysal Yalçın S., Bilgin H., Haddad M. Validation of Turkish Version of the Physical Health Attitude Scale PHASe (Oral Presentation). 5th European Conference On Mental Health (14-16.09.2016).
5. **Özaslan Z.**, Çömez T., Bilgin H. An Effective Strategy To Reduce Coercion Deescalation (Oral Presentation, Guest Speaker). III Indo European Symposium On Coercion & Kancıps 2016.
6. **Özaslan Z.**, Çömez T., Bilgin H. Interventions For Reducing Coercion In Mental Health Care Literature Review (Poster Presentation). III Indo European Symposium On Coercion & Kancıps 2016.
7. Çömez T., **Özaslan Z.**, Bilgin H., Küçük L. Attitudes Of Nurses Working In Psychiatric Settings On Coercion Literature Review (Oral Presentation). III Indo European Symposium On Coercion & Kancıps 2016.
8. Çömez T., **Özaslan Z.**, Bilgin H., Küçük L. Psychiatric Settings On Coercion In Turkey Literature Review (Poster Presentation). III Indo European Symposium On Coercion & Kancıps 2016.
9. **Özaslan Z.** A Sub Dimension in Technology Addiction: Smartphone Addiction (Poster Presentation). 3rd International Technology Addiction Congress (3-4.05.2016).
10. **Özaslan Z.**, Culhacı Ös., Bilgin H. Complementary and Integrative Medicine Use in Psychiatry and Psychiatric Nursing (Poster Presentation). IV. International VIII. National Psychiatric Nursing Congress (06-09.11.2017).
11. Culhacı Ö.S, Bilgin H., **Özaslan Z.**, Tek S. Systematic Analysis of the Causes of Violence Against Women from a Social Perspective (Oral Presentation). 3rd International Congress on Violence and Gender (21-22.04.2017).
12. Tek S., Bilgin H., **Özaslan Z.**, Culhacı Ö.S. Investigation of the Violence Prevention Initiative Applied in Children and Young People in Turkey from 2008 (Oral Presentation). 3rd International Congress on Violence and Gender (21-22.04.2017).
13. Tek S., **Özaslan Z.**, Culhacı Ö.S. Economic Violence against Women in Turkey (Oral Presentation). 3rd International Congress on Violence and Gender (21-22.04.2017).
14. **Özaslan Z.**, Tek S., Culhacı Ö.S. Psychological Violence (Mobbing) in Health Workplaces (Oral Presentation). 3rd International Congress on Violence and Gender (21-22.04.2017).

15. **Özaslan Z.**, Bilgin H., Tek S., Culhacı Ö.S. Evaluation of the Effectiveness of the 'Zero Tolerance' Policy in Preventing Violence in the Health System: A Systematic Review (Oral Presentation). 3rd International Congress on Violence and Gender (21-22.04.2017).
16. Culhacı Ö.S., **Özaslan Z.**, Bilgin H., Tek S. What is the coverage of people having mental illness in the printed media in Turkey? (Poster Presentation). 6th European Conference on Mental Health (4-6.10.2017).
17. Bilgin H., Yalçın S., **Özaslan Z.** People with mental illness and physical health: Their views (Oral Presentation). 6th European Conference on Mental Health (4-6.10.2017).
18. **Özaslan Z.**, Bilgin H. Evaluation of Metacognitive Training (MCT) efficacy for schizophrenia patients (Oral Presentation). 6th European Conference on Mental Health (4-6.10.2017).
19. Alptekin HM, **Özaslan Z.**, Yalçın Uysal S. Social adaptation of foreign students (Oral Presentation). 1st International GAP Conferences, Şanlıurfa, (04-06.05.2018).
20. Yalçın Uysal S, **Özaslan Z.**, Şahin Şimşek E, Erdoğan B, Alptekin HM, Er Aydın R. Nurse Candidates' Lifelong Learning Tendencies (Oral Presentation) 1st International GAP Conferences, Şanlıurfa, (04-06.05.2018).
21. **Özaslan Z.**, Yalçın Uysal S, Alptekin HM, Erdoğan B, Şahin Şimşek E, Er Aydın R. The Study Process Experience of Foreign Students in Nursing Department (Oral Presentation). 1st International GAP Conferences, Şanlıurfa, (04-06.05.2018).
22. Yalçın Uysal S, Alptekin HM, **Özaslan Z.** Pregnancy denial (Oral Presentation). 1st International GAP Conferences, Şanlıurfa, (04-06.05.2018).
23. **Özaslan Z.**, Şahin Şimşek E, Erdoğan B. Variables predicting the well-being of university students (Oral Presentation). 1st International GAP Conferences, Şanlıurfa, (04-06.05.2018).
24. **Özaslan, Z.**, Yalçın, S.U., Bilgin, H. Evaluation Of Zero Tolerance Policy Effectiveness In Healthcare: A Systematic Review (Oral Presentation). Sixth International Conference On Violence In The Health Sector, 24-26.10.2018, 374-378.
25. Yalçın, S.U., Dinç, S., **Özaslan, Z.**, Bilgin, H. Intimate Partner Violence And Child Development: The Evaluation Of Applications To The Pediatric Emergency Units (Oral Presentation). Sixth International Conference On Violence In The Health Sector, 24- 26.10.2018, 125-126.
26. **Özaslan, Z.**, Bilgin, H.. Cultural Determinants of Help Seeking in the Context of Gender Based Violence (Oral Presentation). 1st International Congress On Social Awareness In Mental Health, 21.03.2019.
27. **Özaslan, Z.**, Bilgin, H. The Effect of Metacognitive Training on Social Cognition in Schizophrenia (Oral Presentation). 5th Horatio Festival of Psychiatric Nursing, 9-12.05.2019.
28. **Özaslan, Z.** Health to Your Soul: Psychological Well-Being (Oral Presentation, Guest Speaker). 1. İstanbul Health Science Conference, 21-22.06.2019.

10.4. International books published, or chapters from a book

1. Bilgin, H., **Özaslan, Z.** (2018). Psychiatric/Mental Health Nursing Nonphysical Competencies for Managing Violence and Aggression: De-escalation and Defusion. In *European Psychiatric/Mental Health Nursing in the 21st Century* (pp. 319-333). (Ed.) J.C.Santos, J. R. Cutcliffe, ISBN 978-3-319-31772-4. Springer, Cham. **Özaslan, Z.** (2020).

10.5. Articles published in national refereed journals

1. **Özaslan, Z.** Bilgin, H. (2017). Metacognition In Schizophrenia. Journal of Health Sciences of Kocaeli University, 3 (3), 33-36. <http://dergipark.gov.tr/kusbed/issue/31779/317079>
2. İncedere, A, İpçi, K, Kırçalı, A, **Özaslan, Z.**, Çiçek, S, Yıldız, M. (2017). The Influence Of Education On Individual And Social Habits As Components Of Social Functioning: A Community-Based Crosssectional Study. Journal of Health Sciences of Kocaeli University, 3 (3), 18-23. <http://dergipark.gov.tr/kusbed/issue/31779/337626>
3. Uysal Yalçın, S., **Özaslan, Z.**, Şimşek Şahin, E., Erdoğan, B., Alptekin, H.M., Aydın Er, R. (2019). Nurse Candidates' Lifelong Learning Tendencies: A Qualitative Study, Gümüşhane University Journal of Health Sciences, 8(1), 55-63.
4. **Özaslan, Z.**, Uysal Yalçın, S., Alptekin, H.M., Şimşek Şahin, E., Erdoğan, B., Aydın Er, R. (2019). The Study Process Experience of Foreign Students in Nursing Department. Journal of Anatolia Nursing and Health Sciences, 22(3).

10.6. Assertions presented in national scientific congresses and published in the proceedings

1. Mimioğlu, H., Oruç, Ö.G., **Özaslan, Z.**, Işık, B. Kaya, H. Being an Exchange Student in Finland and Sweden (Oral Presentation). 8. National-International Nursing Students Congress, Ankara, May 2009.
2. **Özaslan, Z.** Bridges and Obstacles in Effective Patient-Nurse Relationship (Poster Presentation). I. National Communication Symposium (25.11.2011).
3. **Özaslan, Z.** An Overview of Global Conference Papers for Health Promotion (Poster Presentation). Health Promotion And Nursing Symposium (12-13.01.2012).
4. **Özaslan, Z.** Factors Affecting Professional Perception / Satisfaction in Nursing and Related Situations (Poster Presentation). 14th National Nursing Congress (25-27.10.2013).

10.7. Other publications (National Book Chapter Published)

1. Bilgin H, **Özaslan Z.** (2018). The History and Development of Community Mental Health Nursing. Ünsal Barlas G, editor. Community Mental Health Nursing. 1st press. Ankara: Türkiye Klinikleri; p.1-7.
2. **Özaslan, Z.** Bilgin, H. (2019). Physical Health in Psychiatric Patients-Importance, Assessment, Scope, Attitudes. Bilgin H, editor: Physical Health in Mental Health and Psychiatric Nursing. 1st press. Ankara: Türkiye Klinikleri. p.54-62.
3. **Özaslan, Z.** (September 2020). Gender Based Violence Against Women, Help-Seeking and Recovery: Clinical Ethnographic Interview Method. Yılmaz M. Editör: Current Approaches in Psychiatric Nursing. 1st press. Ankara: Akademisyen Yayınevi.

11. Projects

1. Multicultural Study of Trauma Recovery, Institution: University of Michigan School of Nursing (Ongoing International Project)

2. The Scientific and Technological Research Council of Turkey (TUBITAK), 2219-International Postdoctoral Research Fellowship Program for Turkish Citizens, The Clinical Ethnographic Narrative Interview: Help-seeking Process of Women Exposed to Violence and Cultural Determinants (Ref. No. 53325897-115.02-112574), USD 27500 (2019-2020).

12. Administrative Services

13. Professional Affiliations

- Turkish Nurses Association
- Psychiatric Nurses Association
- Izmit Bizim Bahçe Schizophrenia Relatives Solidarity Association
- Psychiatric Rehabilitation Experts Association

14. Fellowships and Awards

TUBITAK (2219-International Postdoctoral Research Fellowship Program for Turkish Citizens) (starting from October 2019)

15. Please fill out the chart below for undergraduate and graduate courses you have given in the last 2 years

Academic Year	Semester	Course	Weekly Course Hours		Number of Students
			Theoretical	Practical	
2018-2019	Spring (Bachelor Degree)	Fundamental Nursing	4+4	8	80
	Spring (Bachelor Degree)	Seminar 2	2	0	36
	Spring (Bachelor Degree)	Health assesment (English)	2	0	2
	Spring (Master)	Health assesment	2	0	24
	Spring (Master)	Specialization Field Course 2	2	0	4

Note: If given, summer courses should also be added to the chart.